

Behavioral Dimensions Family Well-being Checklist Intake

1. Introduction

Behavioral Dimensions is committed to supporting you and your family's overall well-being. In an effort to better understand the impact that parenting a child with autism has had on your family's life, we would like you to complete this questionnaire.

We would like to find out how your child's behaviors and abilities influence you and your family's ability to engage in activities.

Family activities survey:

Please rate the activities below according to your family's experiences in the last 12 months. If you don't do an activity listed because you aren't interested in the activity, or any reason that doesn't have to do with your child, circle N/A for the question.

For example, if you cannot go to sporting events as a family because you are concerned your child will have a tantrum circle, "Cannot do". If you attend sporting events without problems, you would circle "Enjoy doing". If your family doesn't go to sporting events because the tickets are too expensive, circle N/A.

1. Please complete the following:

Your name	<input type="text"/>
Child's name	<input type="text"/>
Today's date	<input type="text"/>

2. Community events outside the home

1. Attending sporting events

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	j0	j0	j0	j0	j0	j0

2. Grocery shopping

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	j0	j0	j0	j0	j0	j0

3. Clothes shopping

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	j0	j0	j0	j0	j0	j0

4. Hardware/electronics/home stores shopping

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	j0	j0	j0	j0	j0	j0

Behavioral Dimensions Family Well-being Checklist Intake

5. Religious activities- services and other religious functions outside the home

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

6. Travel/vacation activities

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

7. Cultural activities/celebrations

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

8. Other out of home activities- Museums, water parks, etc.

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

3. Parent well-being activities

1. Exercise

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

2. Dates/going out

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

3. Recreational activities/hobbies (book clubs, woodworking etc.)

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

Behavioral Dimensions Family Well-being Checklist Intake

4. Your sleep

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

5. School activities- volunteering in the school, attending extra curricular activities, PTA/PTO activities

	1=cannot do	2=can do with difficulty	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

4. Parent (your) relationships with others

1. With your parents

	1=very poor	2=somewhat difficult	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

2. With your siblings

	1=very poor	2=somewhat difficult	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

3. With your spouse/significant other

	1=very poor	2=somewhat difficult	3=avoid doing	4=do with occasional problems	5=enjoy doing	N/A
Please rate	jñ	jñ	jñ	jñ	jñ	jñ

5. Other/Comments

To help us with the future development of this questionnaire, please give us your comments on the questionnaire or any areas of family activity you feel we have overlooked.

1. Comments:

Thank you for your time and for completing this survey. If you have any questions about the survey, or how we intend to use the results, please contact:

Nancy Schussler at 612-889-0281 or nschussler@behavioraldimensions.com