

## Comprehensive Behavioral Supports

Parents receive instruction on effective parenting strategies to manage their child's problem behavior. The child may also receive direct services from staff who teach the skills the child needs to replace problem behavior.

Typically one to two visits of parent training per week are scheduled and the child must be present. Child training is typically 3 – 15 hours per week to develop new skills that replace problem behavior.

Services range from 6 months to 2 years depending on the scope of family and child needs. Services occur in the child's home; and the caregiver must be present. Service availability for this program is limited, and interested families should check with their social worker on availability.

### Referrals

We often provide services to our families for years at a time. Consequently, our client turnover is very slow. Our ability to serve a new client depends primarily on whether we have a professional available in the child's area.

If a family is interested in obtaining our services, an intake packet should be completed and returned to Behavioral Dimensions. The intake packet is available at: [www.behavioraldimensions.com](http://www.behavioraldimensions.com). We will call if an opening occurs.

**Behavioral Dimensions** provides intensive behavioral intervention services as well as behavioral consultation. These services are delivered by a team of licensed psychologists, behavior analysts, and trained practitioners. Intensive behavioral intervention is a highly effective approach used to teach children with autism and other learning difficulties. The approach is comprised of both intervention and evaluation methods derived from the research and practices of applied behavior analysis.

# Behavioral Dimensions



**The mission of Behavioral Dimensions** is to produce extraordinary behavioral outcomes by building unique partnerships between our highly skilled, caring staff members and our diverse clientele, using the precise scientific application of behavior analysis.



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## Intensive Behavioral Intervention (IBI)



**Research** has shown that children with autism who receive between 30 and 40 hours a week of intensive behavioral intervention can make significant progress. With this level of intensive behavioral intervention, some children may progress to the point of no longer qualifying for the diagnosis of autism.

Our services have enabled many children to enter regular elementary school with no additional supports.

Behavioral Dimensions is committed to producing this level of outcome with all our children. Consequently, we require our children to receive a minimum of 30 hours of direct services per week. Service hours are provided by a team of Behavioral Dimensions' staff. Additional hours may be provided by parents or relatives.

Monitoring and supervision are regularly provided to insure that the child consistently receives a quality program. Behavioral Dimensions provides visits from a licensed psychologist and up to 10 hours a week from on-site supervisors.

Intensive Behavioral Intervention is comprised of many intervention strategies. Some key components are: discrete trial training, situational teaching, scripted routines, functional communication training, social skills training, and behavior reduction procedures.

## Family Centered Behavioral Intervention

**The mission** of the Family Centered Behavioral Interventions program is to empower parents to learn what works to teach their children new skills, limit problems during daily routines, and succeed accessing life's important events.

The vision of the Family Centered Behavioral Intervention program is to enable families to independently and confidently develop solutions to challenging routines and behaviors at home and in the community through the core principles of positive behavior change.

Everyday routines can be constant struggles for families of children with developmental disabilities and mental health challenges. Leisure, meals, self-care, chores, homework, and other routines can be daily battles.

All FCBI models feature instruction for caregivers on the primary principles of Applied Behavior Analysis (ABA) and specific positive strategies for minimizing problems and building desirable behavior. Families who struggle every day to handle challenging behavior will learn to plan proactively, teach and reinforce desirable behaviors, and respond effectively when problems occur. Parents will use their knowledge and experience to design their own plans for behavior change—independent and empowered.

## Behavioral Consulting

**By performing** comprehensive Functional Analyses in schools, private homes, vocational placements, group homes, and waiver sites, Behavioral Dimensions Consulting Department treats challenging behavior in individuals of all ages, in virtually any environment.

Challenging behavior may occur in individuals with a wide variety of diagnoses. Behavioral Dimensions Consulting often treats people diagnosed with Autism, ADHD, Down Syndrome, Obsessive Compulsive Disorder, Oppositional Defiant Disorder, Bipolar Disorder, Anxiety Disorder, and Depression.

Our main focus is designing and implementing highly specific positive behavior support plans to reduce inappropriate behavior while enhancing adaptive skills to replace problematic behavior. We educate and train the people who live and work with individuals with high behavioral needs. We network with the individual's health professionals, and educational and vocational personnel to provide a consistent and comprehensive approach to create lasting change. We may work with an individual on a short term basis (from three to six months) or provide ongoing behavioral support as behavioral needs change (from one to five years or more). This service is provided by a Licensed Psychologist who is also a nationally certified behavior analyst.